

VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – June 2015

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
1	2	3	4	5
Cole Slaw Sloppy Joes Onion/Jalapenos Tators Fruit/Milk	Tossed Salad Ground Steak W/Onion Gravy Green Beans Mashed Potatoes Roll Fruit/Milk	Carrot/Pineapple Salad Pork Carne Adovada Spinach Refried Beans/Tortilla Peach Cobbler Fruit/Milk	Cucumber Salad Chicken Strips Carrots Rice/Gravy Fruit/Milk	Zucchini Salad Spaghetti Marinara Sauce Italian Vegetables Garlic Bread Fruit/Milk
8	9	10	11	12
Green Bean Salad Chicken Breast Peas and Carrots Rice/Crackers Fruit/Milk	Zucchini Salad Beef Tacos Salsa/Tomatoes/Lettuce Spinach/Beans Fruit/Milk	Carrot Salad Roast Pork Broccoli Mashed Potato/Roll Fruit/Milk	Cole Slaw Chili Cheese Dog Onions/Peppers Ranch Beans Fruit/Milk	Cucumber Salad Baked Ham Green Beans Sweet Potatoes/Roll Fruit/Milk
15	16	17	18	19
Bean/Onion Salad Beef Tips/Mushroom Sauce Carrots/Rice Bread Fruit/Milk	Cole Slaw Chicken Kong Pau Oriental Vegetables Rice/Crackers Fruit/Milk	Tossed Salad Hot Turkey Sandwich Mixed Vegetables Mashed Potatoes/Gravy Roll Fruit/Milk	Green Bean Salad Penne Pasta/Beef Sauce Italian Vegetables Garlic Bread Fruit/Milk	Cole Slaw BBQ Pork Sandwich Broccoli Potato Fruit/Milk
22	23	24	25	26
Tamale W/Red Chile Lettuce & Tomato Spinach Spanish Rice Fruit/Milk	Tossed Salad Roast Beef Mixed Vegetables Scalloped Potato Roll Fruit/Milk	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM	Green Chile Chicken Enchiladas Lettuce/Tomato Squash/Beans Fruit/Milk	Carrot Sticks Tuna Sandwich Lettuce/Tomato Pasta Salad Fruit/Milk
29	30			
Tomato and Onion Salad Pork Carnitas in Red Chile Squash/Beans Fruit/Milk	Cole Slaw Green Chile Cheeseburger Lettuce/Tomato/Onion Potato Chips Watermelon/Milk HAPPY 4th Celebration			